

SDM INSTITUTE OF AYURVEDA AND HOSPITAL, BENGALURU
2025-26 BATCH – I BAMS TIME TABLE


	9.30-10.30	10.30-11.30	S H O R T B R E A K	11.35-12.35	12.35-1.35	L U N C H B R E A K	2.30-3.30	3.30-4.30	4.30-5.00	5.00-5.30	
	LECTURE/NON-LECTURE HOUR			LECTURE/NON-LECTURE HOUR			NON – LECTURE HOUR				
Monday	Sanskrita Evam Ayurveda Itihasa Mr. MPH	Kriya Sharira Dr. CMG			PV Dr. MGY		Rachana Sharira Dr. SPS		Batch A – Rachana Sharira – Dr. DG Batch B – Kriya Sharira – Dr. CMG	Batch A – Rachana - Shloka Patana Batch B – Kriya - Shloka Patana	
Tuesday	SA1 Dr. PC	Rachana Sharira Dr. DG		Kriya Sharira Dr. DSJ	SA 1 Dr. SU		Batch B – Rachana Sharira – Dr. SPS Batch A – Kriya Shareera – Dr. DSJ	Batch B – Rachana-Shloka Patana Batch A – Kriya-Shloka Patana		Yoga class	
Wednesday	SA1 Dr. PC	PV Dr. RMB		Kriya Sharira Dr. RR	Rachana Sharira Dr. DG		Sanskrita Evam Ayurveda Itihasa Mr. MPH	Shloka Patana – SAN/PV	Mentor meeting	Physical education	
Thursday	Sanskrita Evam Ayurveda Itihasa Mr. MPH	SA1 Dr. SU		Rachana Sharira Dr. GJ	PV Dr. RMB		Batch B – Rachana Sharira – Dr. DG Batch A – Kriya Shareera – Dr. RR	Batch B – Rachana-Shloka Patana Batch A – Kriya-Shloka Patana		Library	
Friday	Sanskrita Evam Ayurveda Itihasa Mr. MPH	SA1 Dr. SU		PV Dr. MGY	Rachana Sharira Dr. GJ		Batch A – Rachana Sharira – Dr. SPS Batch B – Kriya Sharira – Dr. RR	Batch A – Rachana-Shloka Patana Batch B – Kriya-Shloka Patana		Mentor meeting	
Saturday	SA1 Dr. PC	Kriya Sharira Dr. DSJ		Rachana Sharira Dr. SPS	Sanskrita Evam Ayurveda Itihasa Mr. MPH		Rachana Sharira Dr. GJ	SA 1 Shloka Patana - SU		Language lab class	

Batch A – Roll No. – 1- 50, Batch B – Roll No. 51 – 100


PRINCIPAL
 S.D.M. Institute of Ayurveda & Hospital
 Anchepalya, Kumbalagodu Post
 Bengaluru - 560 074.

DETAILS OF FIRST YEAR FACULTY

SL NO	ABBREVIATION	NAME OF THE FACULTY	DESIGNATION
DEPARTMENT OF SAMHITA, SIDDHANTA AND SAMSKRITA			
1	DR. MGY	DR. MOHAMMAD YOUSUF G YALIGAR	PROFESSOR
2	DR. RMB	DR. RAJESH BHAT	ASSOCIATE PROFESSOR
3	DR. PC	DR. POORNACHANDRA	ASSISTANT PROFESSOR
4	DR. SU	DR. SAMHITA ULLOD	ASSISTANT PROFESSOR
5	MR. MPH	MR. MAHESH PRABHAKAR HEGDE	ASSISTANT PROFESSOR
DEPARTMENT OF RACHANA SHAREERA			
6	DR. GJ	DR. GURURAJ JAHAGIRDAR	PROFESSOR
7	DR. DG	DR. DIPTI G GODBOLE	ASSOCIATE PROFESSOR
8	DR. SPS	DR. SAJINA P S	ASSISTANT PROFESSOR
DEPARTMENT OF KRIYA SHAREERA			
9	DR. CMG	DR. CHITRA M GAWANDE	PROFESSOR
10	DR. DSJ	DR. DEEPA S J	ASSOCIATE PROFESSOR
11	DR. RR	DR. RESMY RAJ	ASSISTANT PROFESSOR


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