

SDM INSTITUTE OF AYURVEDA AND HOSPITAL, BENGALURU
MEDICAL CAMPS AND COMMUNITY SERVICES 2025

JANUARY 2025

Extension, Consultancy & Community Services organized	<ol style="list-style-type: none"> 1. Department of Kaumarabhritya, in association with the Student Council, SDM Institute of Ayurveda and Hospital, organized a health awareness talk at Government Higher Primary School, Anchepalya on January 13, 2025. The event took place between 2:30 pm and 3:45 pm. 2. Department of Kaumarabhritya at SDM Institute of Ayurveda and Hospital, Bengaluru, conducted a health talk at Government Higher Primary School, Babasabarpalya, Kengeri, on January 17, 2025. Organized in association with the Shri Kshethra Dharmasthala Rural Development Project (SKDRDP), the event aimed to alleviate exam stress and promote healthy living habits among 70 students from grades 5-7, and was held from 2:45 pm to 4:00 pm.
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FEBRUARY 2025

Extension, Consultancy & Community Services organized	<ol style="list-style-type: none"> 1. Department of Prasooti tantra and Stree Roga organized Cervical Cancer Awareness week: on 17/02/2025 at SDMIAH – Bangalore. 2. Department of Kaumarabhritya (Ayurveda Pediatrics) successfully conducted a health checkup camp at Janani Vidya Mandira school, Ullal Road, Bengaluru. The camp took place from January 30 to February 7, 2025, between 10 am and 3 pm at school campus. A total of 640 children from pre-nursery to 10th standard participated in the camp.
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MARCH 2025

Extension, Consultancy & Community Services organized	<ol style="list-style-type: none"> 3. On 12/03/2025 Outhouse health camp organised by Shalya tantra dept. Association with NSS Arogya bharati in the village of Ramasandra and attended by Dr Shankar.S and Dr Bharathi 4. An in-house camp conducted by Department of PG studies in Shalakya Tantra, SDMIAH, Bengaluru on the event of WORLD GLAUCOMA WEEK from 09-03-2025 to 15-03-2025 in the hospital and total 34 patients attended and benefitted from this camp. 5. Department of PG studies in Shalakya Tantra, SDMIAH, Bengaluru conducted an in-house camp on the event of WORLD ORAL HEALTH WEEK from 20-03-2025 to 30-03-2025 in the hospital, total 51 patients attended and benefitted from this camp. 6. Medical camp conducted on ‘ALLERGIC SKIN DISORDERS’ by the department staff from 10/03/2025 to 31/10/2025 for Visha chikitsa OPD
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	<p>7. Mr. Mahesh Prabhakar Hegde, Sanskrit Lecturer and NSS programme officer conducted free health camp on 5th March 2025 at Shubam Maitheriy Gurukula Bengaluru</p> <p>8. Department of Kayachikitsa organised In-house Camp conducted on “Dadru” from 01/03/2025 to 31/03/2025.</p>
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APRIL 2025

Extension, Consultancy & Community Services organized	<ul style="list-style-type: none"> • Department of Kaumarabhritya (Ayurvedic paediatrics), SDM institute of Ayurveda and Hospital, Bengaluru in association with Kumbalgodu PHC is organising Free vaccination drive. routine immunization for children aged between 0-16 years will be given daily from 24.4.2025 to 30.4.2025 at SDM Vaccination centre. • Department of Kaumarabhritya conducted in house autism camp for children upto 16 years of age. Free medical check-up and free consultation is organised for children suffering from Autism, ADHD, speech disorder, Behavioural disorder and Learning disability-43 Children availed the benefit. • Department of Kaumarabhritya at SDMIAH organized “SAMBODHI-2025”- A workshop on empowering parents of kids with ASD on the occasion of WORLD AUTISM DAY on 28.04.2025 between 02.30 PM to 04.30 PM .13 parents availed Benefit.
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MAY 2025

Extension, Consultancy & Community Services organized	<ol style="list-style-type: none"> 1. Department of Shalakya Tantra has conducted in-house camp “Nimi Maharshi Prathyakhita Masa- 30 (NMPC-XXX)” from 1/4/2025 to 31/5/2025 on the event of summer vacation. 2. Department of Kaumarabhritya conducted in house Cerebral palsy camp for children upto 16 years of age from 1/5/2025-31/5/2025. Free medical check-up and free consultation is organised for children suffering from developmental delay, speech disorder, cerebral palsy, mental retardation and genetic disorder. Nearly 13 children with various neurological disorder visited OPD and IPD Sector and avail the service. 3. Department of Kaumarabhritya in association with Swasthavritta at SDMIAH organised “Summer camp -2025”- from 12/05/2025-17/05/2025 13 parents availed the benefit.
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JUNE 2025

Extension, Consultancy & Community Services organized	<ol style="list-style-type: none">1. World Blood Donar Day 2025 was organized on the occasion of World Blood Donar Day Dated 14-06-2025 by NSS unit, dept of Shalya Tantra, department of Prasuti Tantra and Stree Roga and student council 2025. The event was smoothly conducted under the guidance and support of Raashtrotthaana Blood Centre, Bengaluru. Total Units of blood collected is 115.2. Department of Dravyaguna organised Outreach Programme along with NSS involving II BAMS students at Shubham karoti Maitreyi Gurukul, Ramohalli, Bengaluru. On 21-6-2025. It included Medicinal Plant usage for the students and public along with Plantation of medicinal Plants in school campus.3. Department of Dravyaguna organised Outreach Programme along with NSS involving II BAMS students at Shree Gurugnana kendra vidyalaya, primary and high school, Kengeri Bengaluru on 26-6-2025 with an Objective of Creating awareness to school children, regarding medicinal plants and their usage in different ailments and health and hygiene. It included Medicinal Plant usage for the students and public along with Plantation of medicinal Plants in school campus.4. Department of Dravyaguna organised Outreach Programme at Bodhi-Little Explorer- Preschool, Rajajinagar Bengaluru on 27-6-2025 with Objective of Creating awareness and Knowledge to school children, regarding medicinal plants parts identification and various innovative activities and Seed ball workshop.
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JULY 2025

Extension, Consultancy & Community Services organized	<ol style="list-style-type: none">1. NSS free health checkup camp association with Kaumarabhritya Prasooti tantra and Stri roga department on 16/07/2025 at Shubham Karoti, Maitreyee Gurukul.2. NSS unit of our Institute in association with SKDRDP conducted Health camp at -Gungarahalli , Ramanagara on 16-7-2025. Total patients benefited by the camp – 91. An awareness talk was given by Dr. Abishek Bharadwaj ,incharge -NSS unit, to villages regarding Ayurvedic medical system ,health and hygiene practices, facilities provided at our Hospital and about the camp.3. NSS free health checkup camp association with Kaumarabhritya Prasooti tantra and Stri roga department on 30/07/2025 Shree guru Gnana Kendra Vidyalaya Pancha Ganapathi temple premises, Anchepalya. Total 120 students participated in camp and got benefited.4. Department of Kaumarabhritya at SDMIAH was conducted outhouse School camp at Bodhi Montessori school on 9.07.2025 between 9am-1.30 pm. 87 children attended the camp.5. “Continues Medical Camp on Tennis Elbow” has been organized on 01/06/2025 by Department of Kayachikitsa.
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AUGUST 2025

Extension, Consultancy & Community Services organized	<ol style="list-style-type: none">1. An inhouse Eye ENT and Oro dental check-up camp for school going children in association with department of KB- Surabhi school from 18/08/2025 to 22/8/2025, Eye examination (Refraction correction), ENT and Oral Examination for Dental Carries was done for 204 children.2. The department of Kaumarabhritya at SDMIAH conducted an in-house School health check-up camp for Surabhi public school on 18.08.2025 between 9.30 am-1.30 pm.(ongoing)3. The department of Kaumarabhritya at SDM institute of Ayurveda and Hospital Bangalore, organized breastfeeding week symposium on 4.08.2025 at SDMIAH. Total 87 of which III BAMS students and 16 postgraduate scholars of Kaumarabhritya department participated in the programme.4. The department of Kaumarabhritya at SDM institute of Ayurveda and Hospital Bangalore conducted an inhouse school health check-up camp for tiny wonder preschool, Kengeri from August 5 to August 7,2025.63 children aged 3-6 years were benefited.5. NSS unit SDMIAH in association with SKDRDP, Ramanagara conducted a free health checkup camp at k.Gollahalli kengeri hobali Bangalore south on 10.8. 2025.
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SEPTEMBER 2025

Extension, Consultancy & Community Services organized	<ol style="list-style-type: none">1. The department of Kaumarabhritya at SDMIAH conducted an in-house School health checkup camp for Surabhi public school started in August till 4 th September between 9.30 am-1.30 pm.2. “Continues Medical Camp on Tennis Elbow” has been organized from 01/09/2025 by Department of Kayachikitsa.3. Department of Kayachikitsa organised in house Camp conducted on “Hypothyroidism” from 01/09/2025 to 30/09/2025.4. Department of Kaumarabhritya conducted an in-house School health checkup camp for Surabhi public school started in August till 4 th September 2025 between 9.30 am-1.30 pm.5. Outreach programme Camp was conducted at Benedict's school on 19 th September 2025 by Department of Rasashastra and Bhaishajya Kalpana.
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OCTOBER 2025

Extension, Consultancy & Community Services organized	<ol style="list-style-type: none">1. Shalakya tantra Department conducted Outhouse free Eye health screening and follow up camp at Anganawadi Kendra Anchepalya for public and school kids for on 13/10/25 – screening was done for refractive errors, eye diseases through detailed eye examination. Total 55 patients attended the camp.2. Inhouse Medical Camp “Continues Medical Camp on Tennis Elbow” has been organized from 01/10/2025 by Department of Kayachikitsa.3. In House Medical Camp on “Tamaka Shwasa” was organized as part of PG dissertation work by Dr Sanjyokta, 2 nd year PG scholar from 01/10/2025 to 31/10/2025.
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NOVEMBER 2025

Extension, Consultancy & Community Services organized	<ol style="list-style-type: none">1. The Department of Kaumarabhritya at SDMIAH conducted an in-house free skin camp started from 1 to 31st november2025 between 9.30 am-5.30 pm and camp is ongoing till December. 66 children were diagnosed and treated OPD and few were treated on IPD based.2. Dr Srinivasa Professor & HOD Department of kayachikitsa was consultant in “Health Check-up Camp” organized by Yeshvanthpura Vidhanasabha Kshetra, Kannada Sahitya Parishad on eve of Karnataka Rajyotsava on 25/11/2025 from SDM Bengaluru.3. “Continues Medical Camp on Tennis Elbow” has been organized from 01/10/2025 by Department of Kayachikitsa.4. In House Medical Camp on Dyslipidaemia” was organized as part of PG dissertation work by 2 nd year PG scholar Dr Deepika S from 01/11/2025 to 30/11/2025.
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DECEMBER 2025

Extension, Consultancy & Community Services organized	<ol style="list-style-type: none">1. The Department of Kaumarabhritya, Shri Dharmasthala Manjunatheshwara Institute of Ayurveda and Hospital, Bengaluru, in association with Kumbalgodu PHC, conducted a Pulse Polio Immunization Campaign titled from 21st to 24th December 2025. A total of 43 children under 5 years of age availed the service and received polio drops during the campaign.2. The Department of Kaumarabhritya successfully organized a six-day National Continuing Medical Education (CME) programme on Pediatric Dermatology from 22nd December 2025 to 27th December 2025, in association with Vaidyaratnam Ayurveda.
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	<p>3. Shalakya tantra Department Camp-57 Department of Shalakya Tantra has conducted in-house camp “Nimi Maharshi Prathyakhita Masa- 32 (NMPC- XXXII)” from 15/12/2025 to 30/12/2025 on the event of Chritsmas vacation.</p> <p>4. Shalakya tantra Department Camp-56 Out-House free Eye heath screening and follow up camp was conducted from Department of Shalakya Tantra at Anganwadi Kendra Anchepalya for public and school kids for on 11/12/25 – screening was done for refractive errors, eye diseases through detailed eye examination. Total 47 patients attended the camp, suggestion to maintain eye health were given and awareness created regarding eye donation.</p>
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