

SDM INSTITUTE OF AYURVEDA AND HOSPITAL, BENGALURU
SEMINARS/CONFERENCES/CME CONDUCTED IN COLLEGE IN THE
YEAR 2025

JANUARY 2025

Academic/ Co-curricular Events Organized at the Institution (Conference/ Seminars / Workshops/ Symposium/ Guest lectures/ Invited talks conducted etc.)	<ol style="list-style-type: none"> 1. Shishyopanayana Samskara Programme was conducted on 10th Jan 2025 for the newly admitted students of Batch 2024-25 Ug and PG Scholars. 2. Disha Bharat – Personality development programme conducted for 2024 UG batch on 20-01-2025 for 100 students. 3. A workshop on Manuscriptlogy was organised in collaboration with Centre for incubation, innovation, research and consultancy Bengaluru for 1st year PG 2024 batch on 25th and 27th Jan 2025, Total 36 PG scholars attended 4. Pharmacovigilance Unit conducted inhouse guest lecture on “Significance of rational drug prescription and use” by Dr Govinda Sharma on 29th Jan 2025
Academic Contributions by the faculties of the institution (University level and above) a. Guest lectures/ Invited speakers/ Resource persons	<ol style="list-style-type: none"> 1. Dr. Shweta.C.Dindur was Resource Person for Ayuraksha at Institute of Ayurveda Pvt Ltd, Kasargodu, Kerala and presented on topic- Clinical Case series and Management of PCOS” on 6/1/25 6.30pm to 8.00pm. 2. Dr Mahesh Sharma delivered a Guest lecture on “Understanding of Ayurveda treatment for skin diseases” at NIMA association Kodagu on 11-1-2025
c. Chairing/ Moderator at Academic Sessions	<ol style="list-style-type: none"> 1. Dr Mamatha K V, Dr Sushobhitha M, Dr Chandana P Chaired paper presentations session in JANAKA-2K25, National level conference and live demonstration workshop organized by SVMAMC, ILKAL, RGUHS Bengaluru and TAS Karnataka on 5th and 6th January 2025

FEBRUARY 2025

Academic/ Co-curricular Events Organized at the Institution (Conference/ Seminars / Workshops/ Symposium/ Guest lectures/ Invited talks conducted etc.)	<ol style="list-style-type: none"> 1. FDP programme for Teaching staff was organised at our Institute in collaboration with CCRAS,- Central Ayurveda Research Institute Bengaluru on Topic - Ayurveda prakriti assessment score and Ayur web prakriti portal was conducted on 28-2-2025 and 29-2-2025 2. Department of Dravyaguna organised Field visit for II BAMS students to Foundation for Revitalisation of Local Health Traditions (FRLHT) Jarakbande kaval, Bangalore - on 18-2-2025 & 19-2-2025 in 2 batches.
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<p>Academic Contributions by the faculties of the institution (University level and above)</p> <p>a. Guest lectures/ Invited speakers/ Resource persons</p>	<ol style="list-style-type: none"> 1. The Department of Shalyatantra organized Guest lecture on Cancer Awareness Dr. Mathangi J, (MBBS, DMRT, DNB), Senior Consultant & Radiation Oncologist, Glenegals BGS Hospitals, Bengaluru for IV BAMS Students on 20-2-2025. 2. Dr. Mamatha KV, Professor, Department of Shalaky Tantra has delivered a guest lecture in VaidyaPrabha 25 on the Topic: Primary Headache and Ayurveda Approach on 8 th February 2025 organized by NIMA Kodagu CME Webinar Series. 3. Dr Rashma S, Assistant Professor Department of Swastavritta delivered guest lecture on Topic- Muscle movements in yogasasna, Online guest Lecture on 25/2/25 for 1 st year BAMS, students. 4. Dr. Anusha M, Associate professor Department PTSR presented oral Paper presentation on topic- Mutramarga Utrabasti: A Panchakarma Therapy For Mutrakrichra (Chronic Cystitis) - A Case Study "PRASRAVANA-2025" National seminar on mutravaha sotras by S.J.G Ayurvedic medical college and hospital
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MARCH 2025

<p>b. Faculty Achievements (Details of Awards / Recognition received from registered body or Govt./ Career Advancement)</p>	<ol style="list-style-type: none"> 1. Dr Arun Jainer Associate Professor Department of Panchakarma Received Vaidya Vibhushana State Level Award from Ranga Samskruthi Trust and Youth Welfare Association Bengaluru ON 17 and 18th March 2025
<p>Academic/ Co-curricular Events Organized at the Institution (Conference/ Seminars / Workshops/ Symposium/ Guest lectures/ Invited talks conducted etc.)</p>	<ol style="list-style-type: none"> 3. Department of Samhita Siddhanta and Sanskrit and department of Kayachikitsa organized a Hands-on training workshop on "Exploring Manuscript Resources in Ayurveda" by Mr. Mahesh Devate, Assistant professor Sanskrit Malleshwaram ladies' association academy of higher learning for 1 st year PG scholar on 25-03-2025. Total 30 PG scholars of First year got benefitted by the program 4. Department Of PTSR Organized CME on IVF in a Nutshell in collaboration with Ishwarya Fertility Center on 3-3-2025, Talk was given by Dr Jyothi Patil and it was attended by all PG students and Faculties of PTSR
<p>Academic Contributions by the faculties of the institution (University level and above)</p> <p>a. Guest lectures/ Invited speakers/ Resource persons</p>	<ol style="list-style-type: none"> 5. The Department of Shalya tantra organized Guest lecture on Lecture on Ano- rectal disorders by Dr Rajneesh from SDM Udipi and Dr Ravivarma from UP. 6. Dr. Anusha Associate professor, Department of PTSR presented oral Paper presentation at National seminar P.V. Tiwari memorial national level conference- Diksha Academy- Nurturing The Mind: Ayurvedic Approach To Post-Partum Mental Stress on 8/3/2025 7. Dr. Shreya Chama: Paper presentation: National seminar P.V. Tewari memorial national level conference- Diksha Academy- Nutritional Interventions and Menstrual Health on 3/3/2025.

	8. Dr Dipti Godbole, Associate Professor Department of Shareera Rachana delivered a guest talk on “Woman’s wellness” on account of International Women’s Day to a corporate company employee (Online platform).
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APRIL 2025

b.Faculty Achievements (Details of Awards / Recognition received from registered body or Govt./ Career Advancement)	<ul style="list-style-type: none"> Dr Sowjanya.J,Assistant Professor Department of Kayachikitsa received “Young Professional of the Year Award” in the category of Prestigious Fames Awards by Social Craft 24 Solutions on 12th April 2025.
Academic/ Co-curricular Events Organized at the Institution (Conference/ Seminars / Workshops/ Symposium/ Guest lectures/ Invited talks conducted etc.)	<ul style="list-style-type: none"> Department of Kaumarabhritya (Ayurvedic paediatrics), SDM institute of Ayurveda and Hospital, Bengaluru in association with Kumbalgodu PHC is organising Free vaccination drive. routine immunization for children aged between 0-16 years will be given daily from 24.4.2025 to 30.4.2025 at SDM Vaccination centre. Our Institution participated in EDUVERSE – education expo on 12th and 13th April 2025 held at Palace ground,Bengaluru, and EDUCATIONPLUSE CAREER CONSELLING on 26th April 2025 held at Mangala Mantapa auditorium,NMKRV, college, Jayanagar, Bengaluru. Dr Chandana,Assistant ProfessorDepartment of Shalakyia Tantra Represented the Institution . CCRAS training programme on Ayur Prakrut Portal as Faculty Development Programme was held at our Institution 24th and 25th April 2025 at SDMIAH. Dr. Shreya Chama, Assistant Professor, Department of PTSR participated in SAMVADA-National level intercollegiate virtual scientific debate on the lines of CHARAKA VADAMARGA Topic- Mula Dravya & Pratinidhi Dravya are equally efficacious in patient care. EMERGANCY CARE WORKSHOP was organised by Shalya tantra department in Association with Student Council on 23/04/2025 for IV BAMS Students. Department of Kaumarabhritya conducted in house autism camp for children upto 16 years of age. Free medical check-up and free consultation is organised for children suffering from Autism, ADHD, speech disorder, Behavioural disorder and Learning disability-43 Children availed the benefit.

	<ul style="list-style-type: none"> • Department of Kaumarabhritya at SDMIAH organized “SAMBODHI-2025”- A workshop on empowering parents of kids with ASD on the occasion of WORLD AUTISM DAY on 28.04.2025 between 02.30 PM to 04.30 PM .13 parents availed Benefit. • Department of Samhita & Siddhanta and SANSKRIT CLUB organized BHAGAVAD-GITA JAYANTI - Bhagavad Gita Pathana for all students & faculties on 11-12-2024 at 9 am – 9:25am all are actively participated. • Department of Samhita Siddhanta and Sanskrit in Collaboration with Sanskrit Club, organized a guest lecture for 1st professional BAMS students on 09/04/25 at 2:30PM-3:30PM on the topic “Sanskrit Alphabets- a Perception “. The resource person was Dr. Ishwarchandra M, Associate Professor, Dept of Samhita Siddhanta and Sanskrit, Prasanna Ayurvedic Medical College and Hospital Belthangdy. All the students attended the lecture and got benefited.
<p>Academic Contributions by the faculties of the institution (University level and above)</p> <p>a. Guest lectures/ Invited speakers/ Resource persons</p>	<ul style="list-style-type: none"> • Department of Kaumarabhritya organized an in-house guest lecture for Post graduate scholars in the PG tutorial classroom from 02:30 pm to 04:30 pm by Dr. Nitin N.J. Consultant Pediatrician, as the guest speaker on April 23, 2025. The session, attended by 17 PG scholars, • Dr. Reena Kulkarni, Professor and Head of the Department of Kaumarabhritya (Ayurveda Paediatrics) at SDM Institute of Ayurveda and Hospital, Bengaluru, served as a resource person at ATHARV 2025 – National Seminar on Good Clinical Practice held on 25th April 2025 at Rajiv Gandhi Ayurveda Medical College and Hospital, MAHE. • Department of Kaumarabhritya on April 24, 2025 held guest talk by Dr. Tejaswini Senior Research Officer at CARI, delivered an insightful and engaging session focused on a CCRAS-funded project. • A guest lecture was conducted by Shalakya Tantra Department for post- graduate students on 17/4/25 on the topic “Clinical discussion on retinal pathologies by - Dr Mohana Kumari, Professor, department of Shalakya tantra, Government Ayurveda medical college, Mysore. • Guest lecture was organized by Department of Shareera Kriya, Dr Shruthi Bhat Karnataka Ayurved college Mangalore was the Guest speaker and she delivered the lecture on Topic - Physiology of Nidra. • Dr Sowjanya J, Assistant professor, Department of Kayachikitsa delivered a Guest Lecture as a Resource person on the topic “A

	<p>Comprehensive review on Kampavata w.s.r to Parkinsonism- A Case study” in International platform Gurukula organized by Easy Ayurveda on 23 rd April 2025.</p> <ul style="list-style-type: none"> • Dr Shruthi Shivarama presented a paper in OFFLINE paper presentation competition and received BEST PAPER in SUVARNAKAYA National Seminar 2025” held on 19th & 20th APRIL 2025 organized by Dept. Of KAYACHIKITSA GAMC, Mysore.
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MAY 2025

<p>b.Faculty Achievements (Details of Awards / Recognition received from registered body or Govt./ Career Advancement)</p>	
<p>Academic/ Co-curricular Events Organized at the Institution (Conference/ Seminars / Workshops/ Symposium/ Guest lectures/ Invited talks conducted etc.)</p>	<ol style="list-style-type: none"> 1. Our Institution represented and participated at Education pulse career counselling on 8 May 2025 held at Bangalore city university, Bengaluru conducted by the Hindu group. Dr Chandana Assistant professor Department of Shalakya Tantra represented from Our Institution. 2. Department of Kayachikitsa along with student council organised “Intra State Quiz Competition” in association with AYURRESHMI on 30th May 2025 in SDM campus. 3. Seedball workshop conducted for summer camp for students on 13/may/2025 2 days visit to CARI on 28 th and 29 th May 2025 where students had a theory and practical demo sessions on Research methodology, Herbarium making, HPTLC and garden visit. 4. Department of Shalakya Tantra has conducted in-house camp “Nimi Maharshi Prathyakhita Masa- 30 (NMPC-XXX)” from 1/4/2025 to 31/5/2025 on the event of summer vacation. 5. Institution Organized “Intra State Quiz Competition” for UG and PG scholars on behalf of 10 th World Ayurveda Day in collaboration with student Council and in association with on 30 th May AYURRESHMI 2025. 6. Department of Kaumarabhritya conducted in house Cerebral palsy camp for children upto 16 years of age from 1/5/2025-31/5/2025. Free medical check-up and free consultation is organised for children suffering from developmental delay, speech disorder, cerebral palsy, mental retardation and genetic disorder. Nearly 13 children with various neurological disorder visited OPD and IPD Sector and avail the service. 7. Department of Kaumarabhritya in association with Swasthavritta at SDMIAH organised “Summer camp -2025”- from 12/05/2025-17/05/2025 13 parents availed the benefit.

	8. Department of Organised Field visit and Training Programme for II BAMS Students to Central Ayurveda Research Institute (CARI) Bengaluru on 28-5-2025 and 29-5-2025 on Research and Drug Standardisation.
Academic Contributions by the faculties of the institution (University level and above) a. Guest lectures/ Invited speakers/ Resource persons	<ol style="list-style-type: none"> 1. Department of Dravyaguna organised Guest lecture by Dr. Pradeep, HOD, professor Dept of Dravyaguna, SDMCAH Hassan on Ekamulika prayoga in clinical practice on 20/may/2025 for II BAMS students. 2. On May 07, 2025, the Department of Kaumarabhritya at SDMIAH organized an in-house guest lecture for KB POST GRADUATE scholars from 02:30 pm to 04:30 pm. The session, attended by 17 PG scholars, featured Dr. Kiran.J. Consultant Pediatrician, as the guest speaker on topic Neonatal jaundice.

JUNE 2025

b. Faculty Achievements (Details of Awards / Recognition received from registered body or Govt./ Career Advancement)	
Academic/ Co-curricular Events Organized at the Institution (Conference/ Seminars / Workshops/ Symposium/ Guest lectures/ Invited talks conducted etc.)	<ol style="list-style-type: none"> 1. Yogya S - Skill lab inauguration was done by Rev. D Veerendra Heggadeji, President, SDm educational Society, Ujire on 25-6-2025 at our Institution. 2. Department of Kaumarabhritya at SDMIAH was conducted workshop on Newborn Examination and Gestational age assessment for III year UG and PG students on 9/6/2025 by Dr. Kiranjeet Pannu Consultant Pediatrician, was the guest speaker. 3. Department of Kaumarabhritya at SDMIAH was conducted faculty development programme (FDP) and orientation programme for faculty members of kaumarabhritya on the new NCISM undergraduate kaumarabhritya syllabus in association with Rajiv Gandhi University of Health Sciences (RGUHS), Bengaluru on 30.06.2025. Total 24 Faculties availed benefit. 4. Department of Dravyaguna in association with NSS unit and department of Kaumarabhritya organized "Awareness programme on the topic - importance of Health & hygiene in school going children" in Shree guru gnana Kendra Vidyalaya, Kengeri, on 26.06.2025 by Dr. Pravith Prabhakar K (Assistant professor, Department of Kaumarabhritya). 5. World Blood Donor Day 2025 was organized on the occasion of World Blood Donor Day Dated 14-06-2025 by NSS unit, dept of Shalya Tantra, department of Prasuti Tantra and Stree Roga and student council 2025. The

	<p>event was smoothly conducted under the guidance and support of Raashtrorothaana Blood Centre, Bengaluru. Total Units of blood collected is 115.</p> <ol style="list-style-type: none"> 6. Department of Dravyaguna organised Outreach Programme along with NSS involving II BAMS students at Shubham karoti Maitreyi Gurukul, Ramohalli, Bengaluru. On 21-6-2025. It included Medicinal Plant usage for the students and public along with Plantation of medicinal Plants in school campus. 7. Department of Dravyaguna organised Outreach Programme along with NSS involving II BAMS students at Shree Gurugana kendra vidyalaya, primary and high school, Kengeri Bengaluru on 26-6-2025 with an Objective of Creating awareness to school children, regarding medicinal plants and their usage in different ailments and health and hygiene. It included Medicinal Plant usage for the students and public along with Plantation of medicinal Plants in school campus. 8. Department of Dravyaguna organised Outreach Programme at Bodhi-Little Explorer- Preschool, Rajajinagar Bengaluru on 27-6-2025 with Objective of Creating awareness and Knowledge to school children, regarding medicinal plants parts identification and various innovative activities and Seed ball workshop. 9. Yogya S - Skill lab inauguration was done by Rev. D Veerendra Heggadeji, President, SDM educational Society, and Ujire on 25-6-2025 at our Institution. 10. Yoga Day Celebration on 21-6-2025, 6.30am to 8am in front of Hospital for students and Staff was organised and from 9am to 10 am at Benedicts School of 1st Grade to 5th Grade students. 11. Yoga Day was also organised AT SKDRDP for the Employees at 9am to 10am coordinated by Dr Manoj, Yoga Consultant
<p>Academic Contributions by the faculties of the institution (University level and above)</p> <p>a. Guest lectures/ Invited speakers/ Resource persons</p>	<ol style="list-style-type: none"> 1. Sanskrit Club, SDMIAH has arranged a guest lecture on the topic “अन्वयरचना” on 24-06-2025 from 11-35 AM TO 12-35 PM for 1st BAMS students 2. Dr Divya K delivered guest lecturer on occasion of NoTobacco day at Chokkalinga Primary & high School, Hejjala. 3. Department of PTSR CONDUCTED visiting faculty guest lecture by Dr. Ayesha on 13/06/25 at 10; 30-11:30 am. TOPIC; HIGH RISK PREGNANCY. 4. Dr Mamatha K V has delivered a guest lecture on “Orientation on Nasagata rogas – for exam” to 4th BAMS students on 14/06/2025 organised by JSS Ayurvedic Medical college, Mysuru. 5. Guest lecture on mind mapping by student support, career guidance committee for Students and the Resource Person was Mr Rahul Ravindran.

JULY 2025

<p>b.Faculty Achievements (Details of Awards / Recognition received from registered body or Govt./ Career Advancement)</p>	
<p>Academic/ Co-curricular Events Organized at the Institution (Conference/ Seminars / Workshops/ Symposium/ Guest lectures/ Invited talks conducted etc.)</p>	<ol style="list-style-type: none"> 1. Department of Kayachikitsa has organized a CME on “Psychiatric Disorders” to all PG scholars on 19/07/2025 by Dr.Priya Raghavan, MBBS, MRC Psyc, CCT (UK), Senior Consultant Psychiatrist in Cadabam’s Psychiatric Hospital Bangalore and Mr. Mohit Rahul L, Clinical Psychologist ,clinical Psychology working in Cadabam’s Rehabilitation centre, Cadabam’s Mental health services Pvt Ltd, Bangalore. 2. NSS free health checkup camp association with Kaumarabritya Prasooti tantra and Stri roga department on 16/07/2025 at Shubham Karoti, Maitreyee Gurukul. 3. NSS unit of our Institute in association with SKDRDP conducted Health camp at –Gungarahalli , Ramanagara on 16-7-2025. Total patients benefited by the camp – 91. An awareness talk was given by Dr.Abishek Bharadwaj ,incharge -NSS unit, to villages regarding Ayurvedic medical system ,health and hygiene practices , facilities provided at our Hospital and about the camp. 4. On the occasion of World Sanskrit Day, Sanskrit Calligraphy competition was conducted on 18/07/2025 for all UG and PG students. About 15 students were actively participated in the competition. 5. NSS free health checkup camp association with Kaumarabritya Prasooti tantra and Stri roga department on 30/07/2025 Shree guru Gnana Kendra Vidyalaya Pancha Ganapathi temple premises, Anchepalya. Total 120 students participated in camp and got benefited. 6. Dr.Shweta. C. Dindu :JAIM-“Exploring the efficacy Of Basti and Sthanika chikitsa in Ovarian Endometrioma Management –A Case Study in July2025 edition. 7. Department of Kaumarabhritya at SDMIAH was conducted outhouse School camp at Bodhi Montessori school on 9.07.2025 between 9am-1.30 pm. 87 children attended the camp. Incharge. 8. A workshop on “Development of Herbal cosmetics for II BAMS (2022-23 batch) on 31 July 2025 was organised by Department of Rasashastra and Bhaishajya kalpana. 9. “Continues Medical Camp on Tennis Elbow” has been organized on 01/06/2025 by Department of Kayachikitsa. 10. A Research Project entitled “Investigate Neuroplastic post stroke in different Therapy Methods -Allopathy and physiotherapy and Panchakarma and physiotherapy and Standard Allopathic Medications” is signed with

	International Institute of Information Technology Hyderabad, Department of Science and Technology, New Delhi, by Department of Panchakarma.
Academic Contributions by the faculties of the institution (University level and above) a. Guest lectures/ Invited speakers/ Resource persons	<ol style="list-style-type: none"> 1. Dr.Reena.K(Professor and HOD,Department of Kaumarabhritya) was a guest speaker for Vaidya bhoodakam webinar series, conducted by Atreya Ayurveda academy on 27.07.2025 at 4pm-5.45Pm on the Topic: Attention deficit hyperactive Disorder 2. Dr. Reena.K(Professor and HOD, Department of Kaumarabhritya) was a resource person for faculty development and orientation program on PG Kaumarabhritya syllabus conducted by Sri Dharmasthals manjunatheswara college of ayurveda and hospital Hassan on 17.07.2025. 3. Dr Sowjanya J as a Resource person delivered Guest Lecture in an International Platform Gurukula in 100 th Episode on the topic “A conventional approach to interpret Cervical Radiculopathy under the preview of Vishwachi along with a Case study” organized by Easy Ayurveda on 16 th July 2025.

AUGUST 2025

b. Faculty Achievements (Details of Awards / Recognition received from registered body or Govt./ Career Advancement)	
Academic/ Co-curricular Events Organized at the Institution (Conference/ Seminars / Workshops/ Symposium/ Guest lectures/ Invited talks conducted etc.)	<ol style="list-style-type: none"> 1. An inhouse Eye ENT and Oro dental check-up camp for school going children in association with department of KB- Surabhi school from 18/08/2025 to 22/8/2025, Eye examination (Refraction correction), ENT and Oral Examination for Dental Carries was done for 204 children. 2. Department of Rasa shastra and Bhaishajya Kalpana organised Field visit to Pharmacy visit done for II BAMS (2022-23 batch) on 23 rd Aug 2025. 3. Sanskrit Club Activities are as follows - <ol style="list-style-type: none"> a. On 07-8-25 organized Sanskrit SHLOKA MEMORIZATION contest for all UG AND PG BAMS students. b. On 08-08-2025 organized Sanskrit SANSKRIT E-POSTER PRESENTATION contest for all UG AND PG BAMS students.

	<p>c. On 13-8-25 organized Sanskrit club Sanskrit SINGING COMPETITION contest for all UG AND PG BAMS students. And celebrated world Sanskrit Day.</p> <p>4. The department of Kaumarabhritya at SDMIAH conducted an in-house School health check-up camp for Surabhi public school on 18.08.2025 between 9.30 am-1.30 pm.(ongoing)</p> <p>5. The department of Kaumarabhritya at SDM institute of Ayurveda and Hospital Bangalore, organized breastfeeding week symposium on 4.08.2025 at SDMIAH. Total 87 of which III BAMS students and 16 postgraduate scholars of Kaumarabhritya department participated in the programme.</p> <p>6. The department of Kaumarabhritya at SDM institute of Ayurveda and Hospital Bangalore conducted an inhouse school health check-up camp for tiny wonder preschool, Kengeri from August 5 to August 7,2025.63 children aged 3-6 years were benefited.</p> <p>7. NSS unit SDMIAH in association with SKDRDP, Ramanagara conducted a free health checkup camp at k.Gollahalli kengeri hobali Bangalore south on 10.8. 2025.</p>
<p>Academic Contributions by the faculties of the institution (University level and above)</p> <p>a.Guest lectures/ Invited speakers/ Resource persons</p>	<p>1. Dr. Reena.K(Professor and HOD, Department of Kaumarabhritya) was a guest speaker for Breast feeding week,An awareness talks for nursing mothers along with breast examination conducted at Thosahalli PHC,Harohalli on 19.08.2025 at 9.30am-2.00pm. Both pregnant and puerperal women were benefited from this programme.</p> <p>2. Dr M G Yaligar, Participated as Resource person in CME for Teachers of Samhita Siddhanta department at Govt. Ayurvedic Medical College, Mysore and delivered guest lecture on “Samanya Vishesha Siddhanta” “Paramanu Vada” and “Swabhavoparama Vada” on 21/08/2025.</p>

SEPTEMBER 2025

<p>Academic/ Co-curricular Events Organized at the Institution (Conference/ Seminars / Workshops/ Symposium/ Guest lectures/ Invited talks conducted etc.)</p>	<p>1. Alumni of SDM Group of Ayurveda Institutions working as Staff here and Alumni Students of our Institution attended Alumni meet at Dharmasthala on 21-09-2025.</p> <p>2. Ayurveda Day Celebration – On 23-9-2025 the 10 th National Ayurveda day various programmes were carried out and all the mandatory activities specified by NCISM were Conducted as follows</p> <ul style="list-style-type: none"> Department of Dravyaguna organised a Medicinal plant Expo as a part of Ayurveda day celebrations on 25 th sep 2025 and Various School Childrens visited the Expo.
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	<ul style="list-style-type: none"> • Rally was organized by Department of Agada Tantra as part of Ayurveda day Celebration. • Dr.Abishek Bharadwaj BU , Asst P rofessor,Dravyaguna delivered a talk on Basic concepts of Ayurveda to students of St.Benedicts school on 25 th sept 2025 as a part of school outreach program , Ayurveda day celebrations 2025. • Dr Divya Stuvrt was a resource person for 10 th Ayurveda Day Webinar on Cosmetology in Ayurveda, organized by SDMIAH, Bengaluru on 19/09/2025. • 19th Sept 2025 Student wellness /yoga -meditation program by Dr,Manoj. <ol style="list-style-type: none"> 3. The department of Kaumarabhritya at SDMIAH conducted an in-house School health checkup camp for Surabhi public school started in August till 4 th September between 9.30 am-1.30 pm. 4. “Continues Medical Camp on Tennis Elbow” has been organized from 01/09/2025 by Department of Kayachikitsa. 5. Department of Kayachikitsa organised in house Camp conducted on “Hypothyroidism” from 01/09/2025 to 30/09/2025. 6. Department of Kaumarabhritya conducted an in-house School health checkup camp for Surabhi public school started in August till 4 th September 2025 between 9.30 am-1.30 pm. 7. Outreach programme Camp was conducted at Benedicts school on 19 th September 2025 by Department of Rasahastra and Bhaishajya Kalpana
<p>Academic Contributions by the faculties of the institution (University level and above)</p> <p>a.Guest lectures/ Invited speakers/ Resource persons</p>	<ol style="list-style-type: none"> 8. Department of Agada Tantra organised a Guest lecturer on “Clinical Application of Agada” by Dr Sudheendra Honwad,Professor ,KLE BMK Ayurveda College, Chikkodi for II BAMS Students. 9. On September 20, 2025, as a part of UG academic curriculum the Department of Kaumarabhritya at SDMIAH organized a Guest lecture for under graduate students in the UG classroom from 02:30 pm to 04:30 AM. The session, attended by 17 KB PG scholars, 10 PTSR PG Scholars and 82 Under graduates featured Dr. Giliyaru Sahana Professor of Pediatrics and neonatology RRMCH, Bangalore, as the guest speaker. 10. Department of Shalakya Tantra has conducted a guest lecture for Post graduate scholars on 26/09/2025 on the topic “Path after postgraduation in Shalakya” by Dr Sapna D Bhandary, Professor and HOD, Department of Shalakya Tantra, Sharada Ayurvedic Medical College, Talapady, Mangalore 11. Kaumarabhritya at SDMIAH organized as Guest lecture for under graduate students in

	<p>the UG classroom from 02:30 pm to 04:30 Am. The session, attended by 17 KB PG scholars, 10 PTSR PG Scholars and 82 Under graduates featured Dr. Giliyaru sahana Professor of Pediatrics and neonatology RRMCH, Bangalore, as the guest speaker.</p> <p>12. Guest Lecture for Final year BAMS students was organised by Dr Janaki, Professor and HOD, Department of Kayachikitsa, Government Taranath Ayurvedic Medical College, Bellary on 24/09/2025.</p> <p>13. Dr Sowjanya J ,Asisstant professor Department of Kayachikitsa has been a Resource Person in Ask Expert- International Gurukula platform on the topic “All about Vatavyadhi” on 3 rd September 2025 and also as a Keynote Speaker in an International platform organized by IAPEN India Patna Chapter in collaboration with Netprofan and Poshan Dhara Association on the topic “Incompatible Food Combinations for Health” on 25 th September.</p> <p>14. Department of Shalya Tantra Organised BLS and emergency guidelines by Dr Prajwal on 10-09-2025 and Stanika Chikitsa of Vrana by Dr Shridhar B Waddar on 22-09-2025for Undergraduates and post graduates.</p>
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OCTOBER 2025

b.Faculty Achievements (Details of Awards / Recognition received from registered body or Govt./ Career Advancement)	
Academic/ Co-curricular Events Organized at the Institution (Conference/ Seminars / Workshops/ Symposium/ Guest lectures/ Invited talks conducted etc.)	<ol style="list-style-type: none"> 1. Institution organised various events and competition for students on account of Pattabhisheka Day Celebration of Rev. Dr. Veerendra Heggadeji, President SDME Society Ujire on Theme: “Preserving Tradition, Promoting Wellness” Collage Making competition for students on “<i>Dr. Veerendra Heggadeji — His Contributions to Ayurveda</i>”. 2. Institution organised Vishikanupravesha (Convocation Day) 2025 on 9-10-2025. Dr C. N Manjunath, Member of Parliament Government of India was the Chief Guest, Dr Kiran Kumar K, Senete Member RGUHS, Bengaluru, Dr Prasanna N Rao, Director SDM Ayurveda Institutions, SDME, Ujire were the guests. The Programme was presided over by Shri D. Surendra Kumar, Vice president SDME Ujire.Total 98 Under Graduates and 24 Post Graduates were awarded with the Degree

	<ol style="list-style-type: none"> 3. Total 5 Undergraduate Research Projects were selected by RGUHS for UG Research Grants in the month of October 2025. The Grant amount is yet to be received from RGUHS Bengaluru. 4. Shalakya tantra Department conducted Outhouse free Eye health screening and follow up camp at Anganawadi Kendra Anchepalya for public and school kids for on 13/10/25 – screening was done for refractive errors, eye diseases through detailed eye examination. Total 55 patients attended the camp. 5. Inhouse Medical Camp “Continues Medical Camp on Tennis Elbow” has been organized from 01/10/2025 by Department of Kayachikitsa. 6. In House Medical Camp on “Tamaka Shwasa” was organized as part of PG dissertation work by Dr Sanjyokta, 2 nd year PG scholar from 01/10/2025 to 31/10/2025.
<p>Academic Contributions by the faculties of the institution (University level and above)</p> <p>a. Guest lectures/ Invited speakers/ Resource persons</p>	<ol style="list-style-type: none"> 1. Dr. Pramodini Patil, Assistant Professor Department of PTSR delivered “Guest Lecture on Neuroendocrinology of Reproduction” organized by Ayuryogamrit Institute of Health Science, Bangalore on 3rd October 2025. 2. Dr. Reena Kulkarni Professor HOD, Department of Kaumarabhritya delivered a guest lecture at Adichunchangiri medical college Bangalore on topic ‘scientific presentation skills’ on 29/10/2025. 3. Dr Srilakshmi Associate Professor Department of Kaumarabhritya presented oral paper at Samyojana 2025 2 Day National Conference organised by Vishwa Ayurveda Parishad, Karnataka in Collaboration with KSOU, Mysore on 30.10.2025 on the topic Understanding Etiology and prevention strategies of Sthoulya (Childhood obesity) among school children–A comprehensive review

NOVEMBER 2025

b. Faculty Achievements (Details of Awards / Recognition received from registered body or Govt./ Career Advancement)	<ol style="list-style-type: none"> 1. Dr Sowjanya J has received “Ayurvedic Healer of the Year Award” by Universal Glory Awards, Social Craft Solutions on 14 th November 2025
Academic/ Co-curricular Events Organized at the Institution (Conference/ Seminars / Workshops/ Symposium/ Guest lectures/ Invited talks conducted etc.)	<ol style="list-style-type: none"> 2. Department of Samhita Siddhanta and Sanskrit and Sanskrit club organized Bhagavad -Gita Jayanti and on this occasion Bhagavad -Gita patana for all students and faculties was conducted on 01-12-2025 at 8-35am to 9-25 am all are actively participated. 3. The Anti-ragging committee and anti-ragging squad committee along with the Deans, educated to 1st prof seniors 2024-25 Batch, 2 nd prof

	<p>junior 2023-24 batch, 2 nd prof senior 2022-23 Batch ,3rd professional 2021-22 batch BAMS students regarding non conduction of ragging to fresh batch 1st BAMS students as a part of transition curriculum. The committee members will be visiting the boys & girls hostel oftenly to check for the same if any such activities are noted, the strict action will be taken by the committee.</p> <ol style="list-style-type: none"> 4. Department of Samhita Siddhanta and Sanskrit along with Sanskrit club organized spoken Sanskrit class for I BAMS 2025-26 batch on 20-11-2025 To 29-11-2025 the resource person for the Sanskrit Spoken Class was Miss Meenakshi M.G. Mahesh Gowtham PU college. 5. The Department of Kaumarabhritya at SDMIAH conducted an in-house free skin camp started from 1 to 31st november2025 between 9.30 am- 5.30 pm and camp is ongoing till December. 66 children were diagnosed and treated OPD and few were treated on IPD based. 6. Dr Srinivasa Professor & HOD Department of kayachikitsa was consultant in “Health Check-up Camp” organized by Yeshvanthpura Vidhanasabha Kshetra, Kannada Sahitya Parishad on eve of Karnataka Rajyotsava on 25/11/2025 from SDM Bengaluru. 7. “Continues Medical Camp on Tennis Elbow” has been organized from 01/10/2025 by Department of Kayachikitsa. 8. In House Medical Camp on Dyslipidaemia” was organized as part of PG dissertation work by 2 nd year PG scholar Dr Deepika S from 01/11/2025 to 30/11/2025.
<p>Academic Contributions by the faculties of the institution (University level and above)</p> <p>a. Guest lectures/ Invited speakers/ Resource persons</p>	<ol style="list-style-type: none"> 9. Department of Kaumarabhritya organised Guest lecture by Dr. Kiranjeet Pannu Consultant Pediatrician, on topic “Various essential investigation procedures in children like Lumbar puncture, Bone marrow aspiration for PG Scholars of Kaumarabhritya Department 10. Dr Dipti Godbole, Associate professor Department of Shareera Rachana was invited as ‘Guest speaker’ at an international conference to deliver talk & hands on training on “Marma chikitsa” on 8-11-25 in Bangalore. 11. Dr. Abishek Bharadwaj, Asst professor, Department of Dravyaguna delivered a guest lecture on ‘study methods and exam preparation techniques’ An online session as a part of Transitional curriculum to Atreya ayurvedic medical college, Doddaballapur. 12. Dr Mamatha K Vwasa resource person for Diksha’s Webinar series and delivered talk on the topic Eye and the Body- A mirror to systemic wellness on 5/11/2025 organized by KLE Shri B M Kankanawadi Ayurveda Mahavidyalaya Belgavi Diksha Academy.

DECEMBER 2025

<p>b.Faculty Achievements (Details of Awards / Recognition received from registered body or Govt./ Career Advancement)</p>	<ol style="list-style-type: none"> 1. Dr Reena Kulkarni, Professor and Head Department of Kaumarabhritya was conferred with prestigious AYURVEDA VISHWA RATNA award at the 2nd Ayurveda World Summit 2025 in Bengaluru in recognition of her Academic and Clinical excellence. 2. II BAMS Students (Batch 2022-23) secured a motivational prize for the AYURTAINMENT PROGRAMME held at the WORLD AYURVEDA SUMMIT 2025 with a cash prize Rs 50,000.
<p>Academic/ Co-curricular Events Organized at the Institution (Conference/ Seminars / Workshops/ Symposium/ Guest lectures/ Invited talks conducted etc.)</p>	<ol style="list-style-type: none"> 3. Disha foundation (NGO) Personality development program held to I BAMS (Batch 2025-26) students on 23 Dec2025. 4. Institution organised Education tour to Dharmasthala for I BAMS (Batch 2025-26) students on 29 th and 30 th December 5. The Department of Kaumarabhritya, Shri Dharmasthala Manjunatheshwara Institute of Ayurveda and Hospital, Bengaluru, in association with Kumbalgodu PHC, conducted a Pulse Polio Immunization Campaign titled from 21st to 24th December 2025. A total of 43 children under 5 years of age availed the service and received polio drops during the campaign. 6. The Department of Kaumarabhritya successfully organized a six-day National Continuing Medical Education (CME) programme on Pediatric Dermatology from 22nd December 2025 to 27th December 2025, in association with Vaidyaratnam Ayurveda. 7. Shalakyata Department Camp-57 Department of Shalakyata Tantra has conducted in-house camp “Nimi Maharshi Prathyakhita Masa- 32 (NMPC- XXXII)” from 15/12/2025 to 30/12/2025on the event of Christsmas vacation. 8. Shalakyata Department Camp-56 Out-House free Eye heath screening and follow up camp was conducted from Department of Shalakyata Tantra at Anganwadi Kendra Anchepalya for public and school kids for on 11/12/25 – screening was done for refractive errors, eye diseases through detailed eye examination. Total 47 patients attended the camp, suggestion to maintain eye health were given and awareness created regarding eye donation
<p>Academic Contributions by the faculties of the institution (University level and above) a.Guest lectures/ Invited speakers/ Resource persons</p>	<ol style="list-style-type: none"> 1. Alumni Association Organised Guest Lecture for I PG Scholars on the Topic- Navigating Ayurveda Structural Transformation; Charting a New landscape for Vaidyas on 26-12-2025, Guest Speaker was Dr Mukta L.S,Alumni SDm Institute of Ayurveda Bengaluru. 2. Dr Reshma Associate Professor Department of RSBK, delivered guest lecture at Adichunchungiri Ayurvedic college, Nelmangala on Topic “Rational Drug prescription and ADR reporting” on 23/12/2025.

	<ol style="list-style-type: none"> 3. Dr Reshma Associate Professor Department of RSBK conducted training for MO at AYUSH training center, Ramanagar on topic “Rational use of Rasaushadhis in clinical practice” on 24 th and 30 th December 4. Department of Dravyaguna organised an Online guest lecture on Network Pharmacology to 2nd prof BAMS students by Mrs.Gayatri, Asst professor, Dept of Pharmacology, Acharya BM Reddy College of Pharmacy on 10 th Dec 2025.
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