

**SDM INSTITUTE OF AYURVEDA AND HOSPITAL, BENGALURU**  
**SEMINARS/CONFERENCES/CME CONDUCTED IN COLLEGE IN THE**  
**YEAR 2025**

**JANUARY 2025**

Academic/ Co-curricular Events Organized at the Institution (Conference/ Seminars / Workshops/ Symposium/ Guest lectures/ Invited talks conducted etc.)	<ol style="list-style-type: none"> <li>1. Shishyopanayana Samskara Programme was conducted on 10<sup>th</sup> Jan 2025 for the newly admitted students of Batch 2024-25 Ug and PG Scholars.</li> <li>2. Disha Bharat – Personality development programme conducted for 2024 UG batch on 20-01-2025 for 100 students.</li> <li>3. A workshop on Manuscriptology was organised in collaboration with Centre for incubation, innovation, research and consultancy Bengaluru for 1<sup>st</sup> year PG 2024 batch on 25<sup>th</sup> and 27<sup>th</sup> Jan 2025, Total 36 PG scholars attended</li> <li>4. Pharmacovigilance Unit conducted inhouse guest lecture on “Significance of rational drug prescription and use” by Dr Govinda Sharma on 29<sup>th</sup> Jan 2025</li> </ol>
Academic Contributions by the faculties of the institution (University level and above) a. Guest lectures/ Invited speakers/ Resource persons	<ol style="list-style-type: none"> <li>1. Dr.Shweta.C.Dindur was Resource Person for Ayurraksha at Institute of Ayurveda Pvt Ltd,Kasargodu, Kerala and presented on topic- Clinical Case series and Management of PCOS” on 6/1/25 6.30pm to 8.00pm.</li> <li>2. Dr Mahesh Sharma delivered a Guest lecture on “Understanding of Ayurveda treatment for skin diseases” at NIMA association Kodagu on 11-1-2025</li> </ol>
c.Chairing/ Moderator at Academic Sessions	<ol style="list-style-type: none"> <li>1. Dr Mamatha K V, Dr Sushobhitha M, Dr Chandana P Chaired paper presentations session in JANAKA-2K25, National level conference and live demonstration workshop organized by SVMAMC, ILKAL, RGUHS Bengaluru and TAS Karnataka on 5<sup>th</sup> and 6<sup>th</sup> January 2025</li> </ol>

## FEBRUARY 2025

Academic/ Co-curricular Events Organized at the Institution (Conference/ Seminars / Workshops/ Symposium/ Guest lectures/ Invited talks conducted etc.)	<ol style="list-style-type: none"> <li>1. FDP programme for Teaching staff was organised at our Institute in collaboration with CCRAS,- Central Ayurveda Research Institute Bengaluru on Topic - Ayurveda prakriti assessment score and Ayur web prakriti portal was conducted on 28-2-2025 and 29-2-2025</li> <li>2. Department of Dravyaguna organised Field visit for II BAMS students to Foundation for Revitalisation of Local Health Traditions (FRLHT) Jarakbande kaval, Bangalore - on 18-2-2025 &amp; 19-2-2025 in 2 batches.</li> </ol>
Academic Contributions by the faculties of the institution (University level and above) a. Guest lectures/ Invited speakers/ Resource persons	<ol style="list-style-type: none"> <li>1. The Department of Shalyatantra organized Guest lecture on Cancer Awareness Dr. Mathangi J, (MBBS, DMRT, DNB), Senior Consultant &amp; Radiation Oncologist, Glenegals BGS Hospitals, Bengaluru for IV BAMS Students on 20-2-2025.</li> <li>2. Dr. Mamatha KV, Professor, Department of Shalakya Tantra has delivered a guest lecture in VaidyaPrabha 25 on the Topic: Primary Headache and Ayurveda Approach on 8 th February 2025 organized by NIMA Kodagu CME Webinar Series.</li> <li>3. Dr Rashma S, Assistant Professor Department of Swastavritta delivered guest lecture on Topic- Muscle movements in yogasasna, Online guest Lecture on 25/2/25 for 1 st year BAMS, students.</li> <li>4. Dr. Anusha M, Associate professor Department PTSR presented oral Paper presentation on topic- Mutramarga Uttrabasti: A Panchakarma Therapy For Mutrakrichra (Chronic Cystitis) - A Case Study "PRASRAVANA-2025" National seminar on mutravaha sotras by S.J.G Ayurvedic medical college and hospital</li> </ol>

## MARCH 2025

b. Faculty Achievements (Details of Awards / Recognition received from registered body or Govt./ Career Advancement)	<ol style="list-style-type: none"> <li>1. Dr Arun Jainer Associate Professor Department of Panchakarma Received Vaidya Vibhushana State Level Award from Ranga Samskruthi Trust and Youth Welfare Association Bengaluru ON 17 and 18<sup>th</sup> March 2025</li> </ol>
Academic/ Co-curricular Events Organized at the Institution (Conference/ Seminars / Workshops/ Symposium/ Guest lectures/ Invited talks conducted etc.)	<ol style="list-style-type: none"> <li>3. Department of Samhita Siddhanta and Sanskrit and department of Kayachikitsa organized a Handson training workshop on "Exploring Manuscript Resources in Ayurveda" by Mr. Mahesh Devate, Assistant professor Sanskrit Malleshwaram ladies' association academy of higher learning for 1 st year PG scholar on 25-03-2025. Total 30 PG scholars of First year got benefitted by the program</li> <li>4. Department Of PTSR Organized CME on IVF in a Nutshell in collaboration with Ishwarya Fertility Center on 3-3-2025, Talk was given by Dr Jyothi Patil and it was attended by all PG students and Faculties of PTSR</li> </ol>

<p>Academic Contributions by the faculties of the institution (University level and above)</p> <p>a. Guest lectures/ Invited speakers/ Resource persons</p>	<ol style="list-style-type: none"> <li>5. The Department of Shalya tantra organized Guest lecture on Lecture on Ano- rectal disorders by Dr Rajneesh from SDM Udipi and Dr Ravivarma from UP.</li> <li>6. Dr. Anusha Associate professor, Department of PTSR presented oral Paper presentation at National seminar P.V. Tiwari memorial national level conference- Diksha Academy- Nurturing The Mind: Ayurvedic Approach To Post-Partum Mental Stress on 8/3/2025</li> <li>7. Dr. Shreya Chama: Paper presentation: National seminar P.V. Tewari memorial national level conference- Diksha Academy- Nutritional Interventions and Menstrual Health on 3/3/2025.</li> <li>8. Dr Dipti Godbole, Associate Professor Department of Shareera Rachana delivered a guest talk on “Woman’s wellness” on account of International Women’s Day to a corporate company employee (Online platform).</li> </ol>
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