

SDM INSTITUTE OF AYURVEDA AND HOSPITAL, BENGALURU

RESEARCH PROJECTS AND PUBLICATIONS – STAFF AND STUDENTS

JANUARY 2024

Sl. No.	Research Project Type: (Major/Minor/Other)	Name of Funding Agency	Total Grant (in Rs)	Student Name	Faculty Name	Department
1	Student SPARK Project CCRAS	CCRAS	50,000	Harshitha S M	Dr. Reena Kulkarni	Dept. of Kaumarbhritya
2			50,000	Sinchana H M	Dr. Poornima B	Dept. of Dravyaguna Vigyan
3			50,000	Prathush N J Gowda	Dr. Smitha Jain	Dept. of Rasahastra & Bhaishajya Kalpana
4			50,000	Jayashree Ranjani	Dr. Reshma M Savkar	Dept. of Rasahastra & Bhaishajya Kalpana
5			50,000	Varsha K R Aithal	Dr. Samhita Ullod	Dept. of Samhita Siddhant
6	RGUHS faculty project	RGUHS	152,000		Dr Rashmi B V	Dept. of Roga Nidana and Vikruti Vignana
Grand Total			402,000			

JANUARY 2024

Sl. No.	Name	Department	No. of Pubs. In NON-UGC Journals
1	Dr.Rajesh Bhat	Samhitha and Siddanta	“A study to analyse the effect of Chandra Graha over Manas w.s.r. to Sattva of an Individual” Manas published on 28-01-2024 in IJRAR
2	Dr.Shweta C.Dindur , Dr Anjali Suresh babu	PTSR Department	Published article entitled : Recurrent Pregnancy Loss-Ayurveda Management-A Literary Review” in International Journal of Science and Research,Dec 2023
3	Dr.Shweta C.Dindur Dr Anjali Suresh babu	PTSR Department	Cervical Ectropion & its treatment modalities-A literary review European Journal of Pharmaceutical and Medical Research Review Article Dec 2023

MARCH 2024

Sl. No.	Name	Department	
1	Dr Mahesh Sharma, Associate Professor	Department of Kayachikitsa	Published an article on health benefits of cow and its products in Vijaya Karnataka news paper on 30-3-24
2	Dr Vidya RE, PG Scholar,	Department of Shalakya Tantra	Published an article on An exordium onevaluative thinking on Karnaroga nidana in European Journal of Pharmaceutical and medical research ejpmr, 2024, 11(3), 279-282.
3	Dr Sheena Babu, PG Scholar	Department of Shalakya Tantra	Published an article on Mukha roganidana- A precursor to the exploration of critical analysis in the present era in European Journal of Pharmaceutical and medical research ejpmr, 2024, 11(3), 98-102.

APRIL 2024

Sl. No.	Name	Department	No. of Pubs. In NON-UGC Journals
1	Dr Sajina P, Assistant Professor	Department of Shareera Rachana	Published an article entitled 'Ayurvedic management of cystic acne – a case study' in ayurpub online journal, March-April 2024
2	Dr. Srilakshmi, Assistant professor & Dr Thanmayee, I PG scholar	Department of Kaumarabritya	Published article on- Besige kaladalli makkala araike in vaidyaloka magazine in APRIL 2024
3	Dr. Srilakshmi, Assistant professor & Dr Thanmayee, I PG scholar	Department of Kaumarabritya	Published article on- Healthy food and lifestyle adaptation in summer for children in in vaidyaloka magazine APRIL 2024

4	Dr Priya Chowgala,PG Scholar,	Department of Kayachikitsa	Published an Article entitled “Psoriasis ge ede parihara” in Vijaya Karnataka newspaper
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MAY 2024

Sl. No.	Name	Department	No. of Pubs. In NON-UGC Journals
1	Dr Dr.Shweta.C.Dindur Associate Professor	Department of PTSR	Published in “Futuristic trends in Medical Sciences-,volume 3,book 25,IIP”series chapter published on 13.5.24,part 7 chapter 4
2	Dr Sowjanya J Assistant professor	Department of Kayachikitsa	Dr Sowjanya J has contributed a Chapter entitled “ A Comparative Clinical study on the efficacy of Indigenous compound and placebo in the management of Nidrajodavarta w s r to Sleep Deprivation with e-ISBN 978-93-6252-338-9 to the Book series “Futuristic Trends in Medical Sciences –Volume 3” published in the month of May.
3	Dr Nagashree N	Final year PG scholar	“Effect of Ayurveda treatment modalities of Amavata on simple disease activity index of a seropositive Rheumatoid arthritis case- A case Report” in International Journal WJPPS in Volume 13, May Issue 5, 2024 edition.
4	Dr Chitra Ramachnadran	Final year PG scholar	“Assessment and management of a case of Kampavata (Parkinson’s disease) in International Journal WJPPS in Volume 13, May Issue 5, 2024 edition.

JUNE 2024

iii. Research Publications			
Sl. No.	Name	Department	No. of Pubs. In NON-UGC Journals
1	Dr Mahesh Sharma Associate Professor	Department of Kayachikitsa	published article on effects of consuming tobacco and its remedy in ayurveda in vijayakarnataka kannada newspaper on 29-6-24
2	Dr Goudampally Gayathri,PG Scholar	Department of Kayachikitsa	published the article entitled“ Ayurveda Management of Hashimoto’s Thyroiditis-A Case Study” in International Journal WJPPS with ISSN 2278-4357 in Volume 13, June edition

JULY 2024

Research Activities		Details of RGUHS UG Research Projects sanctioned in July2024			
a. Details of Research Projects sanctioned/ ongoing (Major/ Minor) -		S L. N O	REG.NO	NAME	TOPIC
		1.	UG 24AYU0182	SNEHA D V	A comparative clinical study to evaluate the efficacy of krishna tila kashaya and kulattadi kashaya in the management of artava kshaya
		2.	UG 24AYU0183	RAJ AGRAW AL	A clinical study to evaluate the effect of vatahara lepa and shunti kashaya in the management of apabahuka w.r.s.frozen shoulder
		3.	UG 24AYU0184	SUDEEP S	Exploration of water consumption habits and effect of pre- meal water consumption among overweight undergraduate students
		4.	UG 24AYU0203	SUSHMI THA C	An ethno pharmaceutical survey on method of preperation of bananthi lehya and its standardisation : a folkore nutraceuticals for puerperal women
		5.	UG 24AYU0204	SHARA NYA C B	Clinical study to evaluate the effect of shatapushpa arka in the management of primary dysmenorrhea in young adult females

AUGUST 2024

Research Activities Details of Research Projects sanctioned/ ongoing (Major/ Minor) -	Four students of II BAMS and One student of IV BAMS received the CCRAS Spark Project 2024 Completion certificate from CCRAS.
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SEPTEMBER 2024

Research Activities -Faculties Publications details (in UGC recognized journals/ Scopus/ Web of science)	<ol style="list-style-type: none">1. Dr Reshma associate Professor , Dr Sujatha ,Professor Department of Rasashastra and Bhaishajya kalpana published article titled “Pharmaceutical study of Eranda Taila extracted from Eranda Beeja with and without shodhana” in IJRAP2. Dr.Smitha Jain Asst.Professor published article titled “A critical appraisal of Asthisamharakadi Churna in the management of Asthikshaya with reference to osteopenia and osteoporosis” in IJRAP.3. Dr Srilakshmi, Asst.Professor Dr Meghana S K, PG Scholar Dr Thanmayee PG Scholar published an article on Virtual Autism: A New Frontier in Understanding Neurodevelopmental Disorders- Three Case Reports in European Journal of Pharmaceutical and Medical Research (EJPMR) in the September issue.4. Dr Poornima N ,Asst.Professor and Dr Vasuki,PG Scholar published an article on Therapeutic potential of swalpa chetasa ghrita in purview of childhood autism:A literary review in world journal of pharmaceutical and life sciences in September issue volume10.5. Dr. Srilakshmi, Assistant professor, Department of Kaumarabhritya (Ayurveda Pediatrics) authored an article on Virtual Autism: Virtual Trap- How excessive screen time affects child Development published in Health Visionmagazine, in the September issue6. Dr Srilakshmi, Assistant Professor authored article on from screams to smiles: Unlocking the secrets of temper tantrums published in vipashyana 2024 SDM college magazine.
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OCTOBER 2024

Research Activities Faculties Publications details	1. In other Journals category - Dr.Mahesh Sharma M published an article on Ayurveda remedy for vomiting in pregnancy in Vijaya Karnataka kannada newspaper on 13-10-24.
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DECEMBER 2024

Research Activities -Faculties Publications details	<p>1. Dr Divya Stuvart published an article on Chemical Analysis on Shwetha Palandu [White Onion]Arka Eye Drops In cataract in International journal for multidisciplinary Research Volume 6,Issue 6,November-December 2024 Published on 29/12/2024.</p> <p>1. The following PG scholars presented a paper presentation in Sushrutha Avabodhini 2.0 National Conference on “Revolutionizing Degerative Disorder Care : Intersectio Of Ayurveda, Technology and Innovation “conducted by Sushrutha Ayurvedic Medical College And Hospital Bengaluru in collaboration with S-VYASA on 6 th and 7 December 2024</p> <ul style="list-style-type: none"> • Dr Vidya- Vision clues- Symptomatic gateway to Neuro ophthalmic diagnosis • Dr Rethika- Decoding neurodegenerative disorders through Pupillary response • Dr Manoj- Aging Eyes Timeless Vision understanding Ocular changes • Dr Sheena- Menopause and Dry eye- Vibhithakadi ghrita aschyotana • Dr Aparna- Exploring sandhivta in the context of TMJ arthritis. • Vatakantaka - a clinical study. by Dr. Yash Chauhan [3 rd year PG Scholar]. • THERAPEUTIC POTENTIAL OF AGNIKARMA IN THEMANAGEMENT OF VATAKANTAKA: A CASE REPORT by Dr Kavya A [3 rd year PG Scholar]. • Therapeutic impact of Ruksha Agnikarma in Pain Management for Spinal Canal Stenosis: ACASE Study by Dr Ajay Karun [3 rd year PG Scholar] • Critical Understanding of Agnikarma in the Pain Management for IVDP- A case study by Dr Yogesh Kanna V [3 rd year PG Scholar] • Role of Jalaukavacharana in sandhigata vata (osteoarthritis) by Dr Shreya S Shetty [2 nd yearPG Scholar] • A Review On Snigdhnagnikarma in Gridhrasi , (Sciatica) by Dr Nihal Gopan [2 nd year PGScholar] • Ayurvedic management of non healing ulcer caused by degenerative disorders by Dr Sai Shashank K [2 nd year PG Scholar]
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