

SDM INSTITUTE OF AYURVEDA AND HOSPITAL, BENGALURU
RESEARCH PROJECTS/ACTIVITIES AND PUBLICATIONS – STAFF
AND STUDENTS

JANUARY 2025

Research Activities -Faculties Publications details	Dr Mamatha K V, Dr Sushobhitha M, Dr Chandana P, faculties of Shalakya Department presented oral papers in JANAKA-2K25, National level conference and live demonstration workshop organized by SVMAMC, ILKAL, RGUHS Bengaluru and TAS Karnataka on 5 th and 6 th January 2025
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FEBRUARY 2025

Research Activities Faculties Publications details	<ol style="list-style-type: none"> Dr Navya R 2nd year PG Scholar department of Shalakya Tantra won the award “ Dr NPP Namboothiri Memorial Shastra Jyothi Puraskaram ” with 1 lac cash prize in an International conference SUNETRA CONCLAVE 2025 from 5/02/2025-7/02/20025 conducted by Shreedhareeyam ayurvedic eye hospital, Kerala PG Scholars of Shalya department participated and presented oral paper in SUNETRA CONCLAVE 2025 as follows- <ul style="list-style-type: none"> Dr.Aparna- Ayurvedic insights into Abhishtyanda- the role of Dooshivisha and Gara visha in ocular inflammation Dr. Manoj: Reviving eye function through ayurveda-addressing lateral rectus pals Dr.Rethika- The intersection of blood pressure and vision – ayurvedic interventions for Hypertensive Retinopathy- a case study Dr.Sheena Babu- Ayurvedic eye ointment- a novel solution for digital eye Dr.Vidya- Scleritis redefined- ayurvedic multilayered healing paradigm Dr. Navya – Microbiomes in focus – protecting eye health from inside out Dr. Pratiksha – Ayurvedic insights into Keratoconus – a clinical success story Dr. Saru – Mantra chikitsa and vision- harnessing sound frequencies for eye health and well being Dr. Sreeranjini – Harnessing the power of Rasoushadhis for netra roga management Dr. Vrudhi – Abhishtyanda as a systemic reflection- insights from ayurveda and modern medicine. PG Scholars of Kaumarabritya Department participated and presented oral paper in 8th International Ayurveda Congress, held on Feb 1 and 2, 2025 At DY Patil Ayurveda Medical college, Pune, as follows
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	<ul style="list-style-type: none"> • Ayurvedic clinical guidance for management of Perthes disease- A case report. Presented by Dr. Mamata • Ayurveda Management of Angelman syndrome in children- A case report. Presented by Dr. Meghana S.K • Ayurveda approach in the management of Charcot Marie Tooth disease w.s.r to Beejadushti with Mamsagata vata- A Case report Presented by Dr. Meghana.V • Ayurvedic Management of Childhood Autism with sensory Processing Abnormalities- A Case report. Presented by Dr. Niveditha.S
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MARCH 2025

Research Activities Faculties Publications details	<p>Staff publications</p> <ol style="list-style-type: none"> 1. Dr Dipti- Published an article on “Ayurvedic Menopause diet” in ‘Heritage Amruth’ magazine 1. Dr Shruthi Shivaram published article in IJMPR- March April edition 2025 entitled ‘The impact of Ayurvedic interventions on Primary Hypothyroidism with Obesity: A Focus on critical analysis of Krimighnadi Kashaya as a Shamanoushadhi and Shakotaka Taila for Pratimarsha Nasya’. <p>PG Scholars participation and BAMS student’s Participation.</p> <ol style="list-style-type: none"> 1. PG Scholars participated at PV Tiwari memorial National Level paper presentation competition by Diksha Academy and KAGOF Paper Presentation 3.3.25 <ul style="list-style-type: none"> • Dr Shweta Balamkar presented on topic entitled - From Kitchen To Care: Home Remedies For Womens Health • Dr Sakhare Prajaktha presented on topic Title-Postpartum Stress Management. • Dr. Shravya.M.Jain presented on topic Shodasha samskara • Dr. Gayatri Vishwanath presented on Topic- on Circadian rhythm and women’s health: An Ayurvedic perspective • Dr. Veenashree. on topic - AHARA – a key to mental wellbeing in phases of women’s life
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