

## **SDM INSTITUTE OF AYURVEDA AND HOSPITAL, BENGALURU**

### **EXTRACURRICULAR ACTIVITIES 2023 - 2024**

<b>Sl. No.</b>	<b>Department / Committee</b>	<b>Name of the Programme</b>	<b>Event Level (International / National / State / University)</b>	<b>No. of Activities</b>	<b>No. of Participants</b>
1	Student Council of the Institute organized	Sports Day was conducted from 14-12-2023 to 16-12-2023 for all UG, Interns and PG Scholars in the Campus. All students actively participated in the event	College level	1	All UG and PG students
2	Student Council of the Institute organized	Various Literary Events, Co-curricular Activities and competitions were conducted for all in the month of Dec2023.	College level	1	All UG and PG students

<b>Sl. No.</b>	<b>Event Name</b>	<b>Event Level: (International / National / State / University)</b>	<b>Event Host Name &amp; Place</b>	<b>No. of Students Participated</b>
1	‘VIBRANTS-2024’	Institutional level	Cultural Day was conducted on 30-1-2024 and 31-1-2024 at college campus for all UG, Interns and PG Scholars in the Campus.	UG, INTERNS AND PG

Extra-Curricular Activities conducted (University level and above) JULY 2024	1.SPORTS-Four Under Graduate Students of 1 <sup>st</sup> , 2nd, 4th BAMS participated in RGUHS State level Shuttle badminton Tournament at Oxford Medical College, Bengaluru from 18-7-2024 to 20-7-2024. 2.Other Activities- UG Students of IV BAMS participated in Ayurgrama 2.0,a competition organized by Aaptas Ayurveda in the month of July2024.
AUGUST 2024	1 Students participated and emerged as runner-up in RGUHS Bangalore Zone inter college badminton Tournament held at BGS global institute of medical Sciences on 19, 20 Aug 2024
SEPTEMBER 2024	UG Students participated in Volleyball RGUHS Bangalore South Zonal Tournament held at Dayananda sagar Dental Science Bansashankari on 24-9-2024 & 25-9-2024 and qualified as Runners and selected for RGUHS to be held at Shivamogga UG Students participated in Throwball RGUHS Bangalore South Zonal Tournament held at Dayananda sagar Dental Science Bansashankari on 30-9-2024 to 1-10-2024.Girls secured Third Place.
OCTOBER 2024	Gandhi Jayanthi Celebration was organised in collaboration with the Sarvodaya International Trust, Karnataka Chapter on 2-10-2024 at 11am .Various Cultural performances were given by Our Institution students and the underprivileged students from Sarvodaya International Trust on this Occasion.
DECEMBER 2024	Sports Day was organised for the Institution staff and students from26-12-2024 to 28-12-2024 at college ground. Cultural Day was organised on 30-12-2024 and 31-12-2024 and various cultural events were held