

# SDM INSTITUTE OF AYURVEDA AND HOSPITAL, BENGALURU

JANUARY 2024

## RESEARCH PROJECTS – STAFF AND STUDENTS

| Sl. No.            | Research Project Type:<br>(Major/Minor/Other) | Name of Funding Agency | Total Grant (in Rs) | Student Name       | Faculty Name        | Department                                |
|--------------------|-----------------------------------------------|------------------------|---------------------|--------------------|---------------------|-------------------------------------------|
| 1                  | <b>Student SPARK Project CCRAS</b>            | CCRAS                  | 50,000              | Harshitha S M      | Dr. Reena Kulkarni  | Dept. of Kaumarbhritya                    |
| 2                  |                                               |                        | 50,000              | Sinchana H M       | Dr. Poornima B      | Dept. of Dravyaguna Vigyan                |
| 3                  |                                               |                        | 50,000              | Prathush N J Gowda | Dr. Smitha Jain     | Dept. of Rasashastra & Bhaishajya Kalpana |
| 4                  |                                               |                        | 50,000              | Jayashree Ranjani  | Dr. Reshma M Savkar | Dept. of Rasashastra & Bhaishajya Kalpana |
| 5                  |                                               |                        | 50,000              | Varsha K R Aithal  | Dr. Samhita Ullod   | Dept. of Samhita Siddhant                 |
| 6                  | <b>RGUHS faculty project</b>                  | RGUHS                  | 152,000             |                    | Dr Rashmi B V       | Dept. of Roga Nidana and Vikruti Vignana  |
| <b>Grand Total</b> |                                               |                        | <b>402,000</b>      |                    |                     |                                           |

## RESEARCH PUBLICATIONS – STAFF AND STUDENTS

JANUARY 2024

| Sl. No. | Name                                          | Department            | No. of Pubs. In UGC Care list Journals | No. of Pubs. In NON-UGC Journals                                                                                                                       |
|---------|-----------------------------------------------|-----------------------|----------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1       | Dr.Rajesh Bhat                                | Samhitha and Siddanta |                                        | “A study to analyse the effect of Chandra Graha over Manas w.s.r. to Sattva of an Individual” Manas published on 28-01-2024 in IJRAR                   |
| 2       | Dr.Shweta C.Dindur ,<br>Dr Anjali Suresh babu | PTSR Department       |                                        | Published article entitled : Recurrent Pregnancy Loss-Ayurveda Management-A Literary Review” in International Journal of Science and Research,Dec 2023 |
| 3       | Dr.Shweta C.Dindur<br>Dr Anjali Suresh babu   | PTSR Department       |                                        | Cervical Ectropion & its treatment modalities-A literary review European Journal of Pharmaceutical and Medical Research Review Article Dec 2023        |

**MARCH 2024**

| <b>Sl. No.</b> | <b>Name</b>                           | <b>Department</b>            | <b>No. of Pubs. In UGC Care list Journals</b> |  |  | <b>No. of Pubs. In NON-UGC Journals</b>                                                                                                                                                                 |
|----------------|---------------------------------------|------------------------------|-----------------------------------------------|--|--|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b>       | Dr Mahesh Sharma, Associate Professor | Department of Kayachikitsa   |                                               |  |  | Published an article on health benefits of cow and its products in Vijaya Karnataka news paper on 30-3-24                                                                                               |
| <b>2</b>       | Dr Vidya RE, PG Scholar,              | Department of Shalaky Tantra |                                               |  |  | Published an article on An exordium onevaluative thinking on Karnaroga nidana in European Journal of Pharmaceutical and medical research ejpmr, 2024, 11(3), 279-282.                                   |
| <b>3</b>       | Dr Sheena Babu, PG Scholar            | Department of Shalaky Tantra |                                               |  |  | Published an article on Mukha roganidana- A precursor to the exploration of critical analysis in the present era in European Journal of Pharmaceutical and medical research ejpmr, 2024, 11(3), 98-102. |

**APRIL 2024**

| <b>Sl. No.</b> | <b>Name</b>                                                      | <b>Department</b>              | <b>No. of Pubs. In UGC Care list Journals</b> | <b>No. of Pubs. In NON-UGC Journals</b>                                                                                        |
|----------------|------------------------------------------------------------------|--------------------------------|-----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b>       | Dr Sajina P, Assistant Professor                                 | Department of Shareera Rachana |                                               | Published an article entitled 'Ayurvedic management of cystic acne – a case study' in ayurpub online journal, March-April 2024 |
| <b>2</b>       | Dr. Srilakshmi, Assistant professor & Dr Thanmayee, I PG scholar | Department of Kaumarabritya    |                                               | Published article on- Besige kaladalli makkala araike in vaidyaloka magazine in APRIL 2024                                     |
| <b>3</b>       | Dr. Srilakshmi, Assistant professor & Dr Thanmayee, I PG scholar | Department of Kaumarabritya    |                                               | Published article on- Healthy food and lifestyle adaptation in summer for children in in vaidyaloka magazine APRIL 2024        |

|   |                               |                            |  |                                                                                         |
|---|-------------------------------|----------------------------|--|-----------------------------------------------------------------------------------------|
| 4 | Dr Priya Chowgala,PG Scholar, | Department of Kayachikitsa |  | Published an Article entitled “Psoriasis ge ede parihara” in Vijaya Karnataka newspaper |
|---|-------------------------------|----------------------------|--|-----------------------------------------------------------------------------------------|

#### MAY 2024

| Sl. No. | Name                                      | Department                 | No. of Pubs. In UGC Care list Journals | No. of Pubs. In NON-UGC Journals                                                                                                                                                                                                                                                                                                      |
|---------|-------------------------------------------|----------------------------|----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1       | Dr Dr.Shweta.C.Dindur Associate Professor | Department of PTSR         |                                        | Published in “Futuristic trends in Medical Sciences-,volume 3,book 25,IIP”series chapter published on 13.5.24,part 7 chapter 4                                                                                                                                                                                                        |
| 2       | Dr Sowjanya J Assistant professor         | Department of Kayachikitsa |                                        | Dr Sowjanya J has contributed a Chapter entitled “ A Comparative Clinical study on the efficacy of Indigenous compound and placebo in the management of Nidrajodavarta w s r to Sleep Deprivation with e- ISBN 978-93-6252-338-9 to the Book series “Futuristic Trends in Medical Sciences – Volume 3” published in the month of May. |
| 3       | Dr Nagashree N                            | Final year PG scholar      |                                        | “Effect of Ayurveda treatment modalities of Amavata on simple disease activity index of a seropositive Rheumatoid arthritis case- A case Report” in International Journal WJPPS in Volume 13, May Issue 5, 2024 edition.                                                                                                              |
| 4       | Dr Chitra Ramachnadran                    | Final year PG scholar      |                                        | “Assessment and management of a case of Kampavata (Parkinson’s disease) in International Journal WJPPS in Volume 13, May Issue 5, 2024 edition.                                                                                                                                                                                       |